

Health & Safety Webinar Ergonomic Tips for Temporary Home Workstations – 3 Months Later

DATE: Tuesday June 16th, 2020
TIME: 10:00 am
LOCATION: Online / Virtual Meeting

We are now at the point where many of us have been working at home at temporary workstations for an extended period of time; potentially 3 months or longer.

- How have you been coping?
- Have you made a transition to an ergonomically sound workstation or are you still working from a laptop at your kitchen table?
- Are you now starting to develop some musculoskeletal discomfort?

There are some small changes you can make to transform your workstation into a more ergonomically sound temporary office if you find yourself continuing to work from home as time continues.

This webinar is open to everyone.

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Please register online to secure your spot.

REGISTER FOR THIS COURSE:

<https://www.eventbrite.com/e/ergonomic-tips-for-temporary-home-workstations3-months-later-tickets-107744849746>

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